

FAMILY INTENSIVE TREATMENT (FIT) OUTCOMES REPORT

Study Findings and Discussion of Study Analysis

The Florida Department of Children and Families' FIT team model is the first of its kind in the nation. Developed by the Department in collaboration with key behavioral health stakeholders, FIT provides intensive team-based, family-focused, comprehensive services to families in the child welfare system with parental substance use disorders.

Helping mothers in recovery

74%

of parents receiving FIT services were mothers



Opioid Use Disorder

36%

Study found that opioid use disorder was the most prevalent substance use disorder diagnosed among the parents served by FIT teams



Families Served

3,025

Total number of families receiving FIT team services from 2016 - 2020

Children of parents who received FIT team services were

15%

more likely to achieve timely permanency*

Assisting families involved in child welfare

Receiving FIT team services had a "significant positive effect" on achieving permanency* faster and at a greater rate.

Promoting the safety of children

Parents who completed FIT team services were "over two times less likely" to have another verified report of maltreatment within 6 months.

Permanency for children

*Permanency is defined as a long-term permanent placement which includes legal guardianship with a relative or nonrelative caregiver, adoption or reunification with the parent(s).

REFERENCE: Yampolskaya, S., Sowell, C., & Walker, C. (2023). Family intensive treatment (FIT) outcomes report. University of South Florida, College of Behavioral & Community Sciences