

ACTIVITY 4-3B: CASE PLANNING WITH THE FAMILY

TRAINER HANDOUT 4-3C

Paul Mason

Directions:

You have met previously with your counselor and discussed some of the problems in your family and some things you might need to do. As you negotiate your case plan, use the following as a guide for what you will or will not agree to if they are presented. For other things suggested by the counselor, just respond as you think Paul would do.

1. You are willing for Mary to get help with dealing with John's behavior, but do not think you need any.
2. You think Bobby is just a little slow to develop because he was premature and do not think he needs to be evaluated
3. You would like Mary to get help with her depression
4. You are willing to stay with the children every couple of weeks so Mary can have a break and go out with her friend.
5. You are unwilling to admit you might have an alcohol abuse problem.
6. You think it would be okay for Mary to take some college courses after the new baby is about a year old.
7. You are willing to give up going out with your brothers one night each week and spend it with Mary.
8. You think your marriage problems are caused by Mary's jealousy and her depression.
9. You think it is a mother's job to take care of her children and that they do not need to be in day care.