

ACTIVITY 4-3B: CASE PLANNING WITH THE FAMILY

TRAINER HANDOUT 4-3B

Mary Mason

Directions:

You have met with your counselor and discussed some of the problems in your family and some things you might need to do. As you negotiate your case plan, use the following as a guide for what you will or will not agree to if they are presented. For other things suggested by the counselor, just respond as you think Mary would do.

1. You are concerned about what happened with the children and are willing to accept any help you are offered.
2. You are willing to have a developmental assessment for Bobby
3. You are willing to ask your mother to watch the children on a regular basis, but do not want them to go to your in-laws.
4. You would like for your children to be enrolled in day care
5. You would like to spend more time with Paul and do some of the fun things you use to do.
6. You would really like have Paul watch the children occasionally and let you go out with your girlfriend to dinner, a movie or shopping.
7. You would love to be able to take at least one course at a time at the college.
8. You are willing to see a doctor about your depression.
9. You would like for Paul to go to marriage counseling with you