

Trainer Handout 3-1D: Family Story Activity Role Play

Directions for Strengths and Family Story Role Play: CPI/Caseworker and Observers

1. As CPI and caseworker decide who will take the lead as facilitator and who will serve as co-facilitator. The facilitator leads the conversation with the family. The co-facilitator may also ask questions as appropriate.
2. As a group, develop a few questions the CPI/caseworker could ask to get the family talking about some of their strengths and those of their children. Decide whether you will use any of the strengths sheets from the participant guide with Mr. and Mrs. Mason.
3. Group members who are not assigned roles, observe the demonstration, noting strengths, attending behaviors, nonverbal cues, how questions were asked, additional questions that could have been asked, how strengths were identified through reframing, recognizing resiliencies, or stating observations/giving reinforcements. Keep notes so that your observations can be shared following the activity.
4. When the parents rejoin the group, start the activity. As the CPI or caseworker, assume that you have already established rapport with the parents and now you are transitioning to talking about their story. Ask the questions composed by the group or use others as the conversation indicates.
5. Be sure to ask the exception and miracle questions.
6. You will have 10 minutes to complete the exercise.