



FOR IMMEDIATE RELEASE

December 31, 2012

The Center for Drug-Free Living, Inc. in Orlando, Florida Wins Federal Grant to Support Local Children and Families with Psychological Trauma

The Center for Drug-Free Living, Inc. has won a federal grant to provide services and support to children and families who have experienced psychological trauma. The Center for Drug-Free Living, Inc. joins a national network of over 130 child trauma centers that address a wide range of traumatic experiences, including physical and sexual abuse; domestic, school, and community violence; natural disasters and terrorism; and life-threatening injury and illness.

With the four-year grant, The Center for Drug-Free Living, Inc. becomes a member of the National Child Traumatic Stress Network (NCTSN), whose mission is to improve the quality, effectiveness, and availability of services for children and families who experience traumatic events. Community surveys suggest that by their 16th birthday, 67 percent of American children are exposed to at least one significant traumatic event.

With this new funding, The Center for Drug-Free Living, Inc. will enhance trauma treatment services to Central Florida children, adolescents and their families through this initiative as well as a network of Central Florida Providers through the adoption of the curriculum Trauma Focused Cognitive Behavioral Therapy (TF-CBT) and the Adolescent Community Reinforcement Approach (A-CRA.) As well as the development of an integrated trauma focused system of care that provides a full continuum of trauma treatment and ancillary services to promote the health, physical, social, and cognitive development of children, adolescents and their families. The Project will target children and adolescents between the ages of 10-18 years of age who have suffered traumatic events and who also may have other co-occurring mental health and/ or substance use disorders. Services will be offered on an in-home/in-community basis in the Central Florida Tri-County area of Osceola, Orange and Brevard Counties.

The grants are awarded by the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services. The U.S. Congress authorized the NCTSN in 2000, in response to the growing needs of children exposed to trauma in the United States.

The NCTSN is a collaboration of academic, clinical, and diverse community service centers, and is coordinated by the National Center for Child Traumatic Stress (NCCTS), co-located at UCLA Neuropsychiatric Institute and Duke University Medical Center. The NCTSN combines expertise in child traumatic stress, knowledge of child development, and attention to cultural and family perspectives as it supports the development and dissemination of evidence-based and trauma-informed treatments and services.

“Working in collaboration with SAMHSA and thousands of national and community partners, the NCTSN has been able to raise the standard of care and improve services for children and families throughout the country,” said Robert Pynoos, M.D., NCCTS Co-Director at UCLA. “We know that children who experience trauma need effective treatment and that untreated trauma can have life-long consequences for a child’s development and health.”

“The NCTSN has helped to bring best practices to local communities,” noted John Fairbank, Ph.D., NCCTS Co-Director at Duke University Medical Center. “We are pleased to be helping to bring trauma-informed resources to all child-serving systems.”

The Center for Drug-Free Living, Inc. (The Center) is a comprehensive-community based human service organization, which has been in operation in Central Florida since 1971. A not-for-profit, 501 (c) (3) Florida Corporation. The Center is licensed by the Florida Department of Children and Families and nationally accredited by the Commission on Accreditation of Rehabilitative Facilities (CARF) in behavioral services including mental health and substance. The Center provides a full continuum of care in prevention, intervention and treatment to approximately 15,000 individuals per year. The Center serves the residents of Central Florida regardless of age, sex, creed, race, sexual orientation, disability or ability to pay. The Center has demonstrated a distinct commitment to the provision of services that are consistent with all local, state and federal laws, regulatory provisions, and the organization’s code of ethics.



T³ (Trauma, Treatment, & Training) Program The Center for Drug Free Living, Inc.

T³ is a federally funded program focusing on providing trauma focused treatment care to children and adolescents. T³ is an outpatient program utilizing the Trauma- Focused Cognitive Behavioral Therapy (TF-CBT) model and the family-centered Adolescent Community Reinforcement Approach (ACRA) model of treatment. Children, adolescents, and their families receive counseling and case management services in community-based settings. Cost is free; follow-up is required at 6 month intervals.

T³ Program

- ❖ Counseling Sessions with the child or adolescent.
- ❖ Utilizing the Comprehensive GAIN Assessment Tool
- ❖ Family, Parent and Sibling Counseling Sessions
- ❖ Involving the Client in Community-based Activities/ Outings
- ❖ Case Management and Drug Testing Available
- ❖ Rewards for Session Goal Completion During Therapy (Restaurant and Store Gift Cards)
- ❖ Counselor Can Meet at Child's or Adolescent's Home, School, or in Community.

Target Populations are Children and Adolescents

- ❖ Between the Ages of 10 and 18
- ❖ Have Suffered Traumatic Events and Have Other Co-Occurring Mental Health Disorders or Substance Use Disorders
- ❖ Facing Discipline Action in School and/or are Involved in the Juvenile Justice System
- ❖ Experiencing Emotional, Physical, Legal, and Social or Academic Problems Due To Co-Occurring Mental Health Disorders or Substance Use Disorders

T³ Program
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The Center for Drug-Free Living, Inc.

T³ Program Referral Form

Referral Organization: _____

Contact Name: _____

Contact Phone Number: _____

Reason for referral:

Client Name: _____

Client Phone Number: _____

Client's Address: _____

Parent/Guardian Name: _____

Please Fax form to: (407) 245-0049 or contact Angie Maldonado at (407) 697-2953

Brevard: Fax form to: (321) 726-2893 or contact Jeremy Long at (407) 697-6552